



## **Train the Trainer - 11-13 May 2026**

### **University of Angers**

**Information for the registration webpage**

## **Contact**

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## **Train the Trainer**

Welcome to Train the Trainer days! This course will give you the knowledge on how to successfully use the participatory method and become a trained trainer. The objective is to equip trainers with the knowledge, skills, and attitudes necessary to facilitate learning processes that are inclusive, democratic, and co-creative. Students and staff are welcome to this 2,5-day course that will be hosted at the University of Angers.

After this training, participants are expected to disseminate the methods they learned in they own university, through the organisation of local participatory workshops or activities.

The 2,5-day course starts on 11 May at the University of Angers Campus and will end on 13 May at 1:00 pm.

Adress for the 3 days:



Université d'Angers - Campus Saint Serge  
Faculté de Droit d'Economie et de Gestion  
13 allées François Mitterrand  
Angers, France

## Program

### Monday 11 May 2025

Time	Activity	Location
9.00–9.45	Welcome & Introduction	Room 401 (4 <sup>th</sup> floor of the “Droit Economie Gestion” Faculty)
9.45–10.45	Core Elements of the EU GREEN WP8 Participatory Method	Room 401
10.45–11.00	Coffee Break (Mind-body exercise)	Room 401
11.00–11.30	What defines EU Green	Room 401
11.30–12.00	EU Green Presentation	Room 401
12.00–13.00	Lunch Break	Picknick or at Campus canteen
13.00–13.15	Refresh - Review	Room 401
13.15–14.45	Experiencing Participatory Action	Room 401
14.45–15.00	Stretch Break	Room 401
15.00–16.00	Facilitation Skills Training	Room 401
16.00–16.30	Day 1 Wrap-Up & Reflections (Mind-body exercise)	Room 401
17.00–18.00	Exploring Campus	
19.00	Dinner	To be determined

## Tuesday 12 May 2025

Time	Activity	Location
09.00–09.30	Energiser & Recap (Mind-body exercise)	Room 401 (4 <sup>th</sup> floor of the “Droit Economie Gestion” Faculty)
09.30–10.30	World Café	Rooms 401 & 402
10.30–10.45	Coffee Break	Rooms 401 & 402
10.45–12.00	Designing a Participatory Activity	Rooms 401 & 402
12.00–13.00	Lunch	Picknick or at Campus canteen
13.00–13.15	Energiser - Reflection	Rooms 401 & 402
13.15–13.45	Introduction to Participatory Workshop	Rooms 401 & 402
13.45–15.00	Designing Participatory Session	Rooms 401 & 402
15.00–15.15	Stretch Break	Rooms 401 & 402
15.15–16.00	Supports & Wrap up	Rooms 401 & 402
Free evening		

## Wednesday 13 May 2025

Room 401 (4<sup>th</sup> floor of the “Droit Economie Gestion” Faculty)

Time	Activity	Location
09.00–09.30	Welcome & Reflections	Room 401 (4 <sup>th</sup> floor of the “Droit Economie Gestion” Faculty)
09.30–10.00	Simulated Session (pt1)	Room 401

10.00-10.30	Simulated Session (pt 2)	Room 401
10.30-11.00	Simulated Session (pt 3)	Room 401
11.00-12.00	Troubleshooting Common Challenges in Participatory Methods	Room 401
12.00-12.30	Personal Action Plans	Room 401
12.30-1.00	Evaluate & celebrate	Room 401

Optional lunch at the Campus canteen

## Travel instructions

### By train

Go travel GREEN! For that you will need to go to Paris first, and then:

- **From Paris:** Take a train from Gare Montparnasse (journey time approx. 1hr 30mins if direct)  
*Careful: travelling between 2 train stations in Paris may take a long time.  
Plan more than 1hr of transfer time.*

The local booking website is: <https://www.sncf-connect.com/>

**To go to Paris**, you will need to find connecting trains to Berlin or Zürich (direct trains to Paris) if coming from the North or East of Europe; or to Milano, Perpignan or Bordeaux (direct trains to Paris) if coming from the South of Europe.

### By airplane

There is no airport in Angers itself, but you can fly to:

- Nantes Airport (NTE) and then take the train from Nantes to Angers
- Paris Charles de Gaulle Airport (CDG) or Orly Airport (ORY) and then take the train to Angers

### From the train station to the University:

Take the tramway heading towards “Avrillé Ardenne” (line A / red). After 5 stops, get off at the ‘Saint Serge Université’ stop. (10-minute journey).

You will then need to walk 5-minutes.

You can find more information about travelling, hotels in Angers, and local recommendations on [this document](#).

**Careful:** Thursday the 14<sup>th</sup> is a holiday in France. If you plan on travelling this day, you may need to plan your trip with larger transfer time between stations and anticipate your booking and potential purchases.

## Registration

To register for the Train the Trainer, please fill out [this form](#) before 19<sup>th</sup> of April.

## Good To Know before visiting France

- The local currency is euro.
- Most places are cashless, you will need a credit card.
- In Angers, you will be able to buy your tram ticket directly making contactless payment inside the tramway.
- Electrical power plugs and outlets are of type C, E and F. These sockets have two pins and a voltage of 220 to 240 volts for type C sockets and 16 amps for type E sockets.
- Weather is usually nice and sunny in May, but rain can show up.
- Most restaurants close at 22.00–23.00. Tipping at the restaurant is not expected, either way works fine.

More information and recommendations on [this document](#).